



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Chicken Pie 1 Mushroom & Lentil Stew VG Pesto & Pea Pasta 1,7 V</p> <p>Crushed Potato Cauliflower, Carrots</p> <p>Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1 Seasonal Vegetables</p> <p>Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Gammon & Gravy Vegetable Nuggets 1 VG Arrabiata Pasta Shells 1 VG</p> <p>Rustic Roast Potatoes, Cabbage, Peas</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Bolognaise Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Green Beans Grated Carrots</p> <p>Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Pork Sausages 1,3,6 Vegetable Sausage VG Cheese & Tomato Pasta 1,7 V</p> <p>Chips, Sweetcorn, Baked Beans Cucumber Sticks</p> <p>Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK TWO	<p>Caribbean Brown Chicken Chick Pea Jambalaya VG Tomato Spaghetti 1 VG</p> <p>Rice, Carrots, Peas</p> <p>Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Cheese & Broccoli Pasta Bake 1,7 V Ratatouille Puff 1,3 & Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Buffalo Cauliflower Wings VG Tomato Pasta Twists 1 VG</p> <p>Rustic Roast Potatoes Broccoli, Carrots</p> <p>Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Stew & Dumpling 1 Falafel Burger & Wedges 1,5 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Green Beans</p> <p>Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Salmon Bites 1,8 Margherita Pizza 1,3,7 V Cheesy Pasta Twists 1,7 V</p> <p>Chips, Peas, Coleslaw 9</p> <p>Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK THREE	<p>Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Mixed Salad</p> <p>Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Pesto & Pea Penne 1,7 V</p> <p>Sweetcorn, Peppers</p> <p>Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Pork & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Cottage Pie Butternut Squash Risotto 7 V Herby Tomato Pasta 1 VG</p> <p>Seasonal Vegetables</p> <p>Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Grated Carrot</p> <p>Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG</p>

Archdeacon

AVAILABLE
DAILY

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

