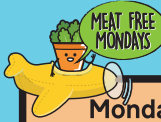


HEATHFIELD SCHOOLS PARTNERSHIP

SUMMER 2023

WEEK 1

17/04, 08/05, 05/06
26/06, 17/07



Option 1

Cheese and Tomato Pizza with Potato Wedges

Tuesday.

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Wednesday.

Roast Pork with Roast Potatoes and Gravy

Thursday.

Beef Chilli Con Carne with Tortilla Chips and Rice

Friday.

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

Option 2 V Vegetarian

Hoisin Vegetable and Soya Bean Noodles

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Spring Vegetable Rice (Ve)

Red Pepper and Pesto Pasta (Ve)

Spanish Omelette with Chips and Tomato Ketchup

Option 3

Jacket Potato with a choice of Fillings

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Jacket Potato with a choice of Fillings

Pesto Pasta (Ve)

Jacket Potato with a choice of Fillings

Vegetables

Carrots
Peas

Sweetcorn
Broccoli

Green Beans
Carrots

Steamed Cabbage
Sweetcorn

Peas
Baked Beans

Dessert

Vanilla Cake

Chocolate Oaty Bake (Ve)

Fruit Salad (Ve)

Strawberry Slice

Fruity Jelly

WEEK 2

24/04, 15/05,
12/06, 03/07

Option 1

Macaroni Cheese

Tuesday.

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Wednesday.

Mediterranean Chicken Stir Fry with Rice

Thursday.

Beef and Tomato Pasta with Garlic Bread

Friday.

Breaded Fish with Chips and Tomato Ketchup

Option 2 V Vegetarian

Tandoori Vegetables with Rice

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Meat(less) Ball loaded Yorkie

Tomato and Basil Pasta with Garlic Bread (Ve)

Chickpea and Feta Cake with Tomato and Basil Sauce and Chips

Option 3

Jacket Potato with a choice of Fillings

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Jacket Potato with a choice of Fillings

Pesto Pasta (Ve)

Jacket Potato with a choice of Fillings

Vegetables

Carrots
Sweetcorn

Broccoli
Baked Beans

Peas
Carrots

Green Beans
Cauliflower

Peas
Baked Beans

Dessert

Peach and Apple Crumble Slice (Ve)

Jaffa Cake Pudding with Chocolate Custard

Fruit Salad (Ve)

Banana Porridge Bar (Ve)

Ice Cream with Chocolate Sauce

WEEK 3

01/05, 22/05,
19/06, 10/07

Option 1

Cheese and Tomato Pizza with Potato Wedges

Tuesday.

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Wednesday.

Roast Chicken with Roast Potatoes and Gravy

Thursday.

Mexican Chicken with Rice

Friday.

Fish Fingers with Chips and Tomato Ketchup

Option 2 V Vegetarian

Vegetable and Bean Cous Cous with Roasted Tomato Sauce (Ve)

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Lentil and Bean Hot Pot (Ve)

Sweet Potato, Spinach and Chickpea Balti with Rice (Ve)

Vegetable Fingers with Chips and Tomato Ketchup (Ve)

Option 3

Jacket Potato with a choice of Fillings

Sandwiches with a choice of Fillings. Choose from Cheese, Egg Mayo, Tuna Mayo or Chicken Mayo

Jacket Potato with a choice of Fillings

Pesto Pasta (Ve)

Jacket Potato with a choice of Fillings

Vegetables

Sweetcorn
Carrots

Peas
Broccoli

Green Beans
Carrots

Steamed Cabbage
Sweetcorn

Peas
Baked Beans

Dessert

Chocolate and Beetroot Brownie

Vanilla Custard Shortbread (Ve)

Fruit Salad (Ve)

Apple Sponge with Crème Fraiche

Ice Lolly (Ve)



SUGAR SHERIFF



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY
WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

