



PE and Games Curriculum Map 2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing</p>	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p>	<p>Athletics</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Dance</p>	<p>Net and wall games (Tennis and wallball) Striking and fielding games (Cricket)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics Swimming</p>	<p>Net and wall games (Tennis and wallball) Generic invasion games</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics Swimming</p>
Year 4	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Swimming</p>	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Swimming</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Swimming</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Gymnastics</p>	<p>Net and wall games (Tennis and wallball) Striking and fielding games (cricket)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Fitness Fundamentals Athletics</p>	<p>Net and wall games (Tennis and wallball) Generic invasion games</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics</p>
Year 5	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing</p>	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall athletics</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Dance</p>	<p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics</p>	<p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics</p>

<p>Year 6</p>	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing and Dance</p>	<p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall athletics</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p>	<p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Athletics</p>	<p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics</p>	<p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Dance</p>
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