

## How would you know that someone was a Sikh?



This unit follows on from Yr 1 where the children learnt about what Sikhs believe. This unit will deepen the children's understanding about the Sikh faith. They will find out about the importance of Guru Nanak, the founder of Sikhism. They will learn how the ten Sikh Gurus made a difference in the world. As well as this the children will visit our local Gurdwara and learn first hand about the rituals that honour the Sikh holy book and the importance of Gurdwara to help Sikhs keep their faith alive.

### Key knowledge

- Sikhism was founded by a man called Guru Nanak. Sikhs believe that he received messages from God who guides and protects them.
- The ten Sikh Gurus have all made a difference to the world. As well as this they have set examples of how to live a good life - pray to God, work hard, care for your family and community.
- The Guru Granth Sahib (Sikh holy book) is special and the Sikh community follow rituals to make sure it is honoured.
- Identify the key features of the Gurdwara and understand how this place of worship helps Sikhs to focus on key aspects of their faith.
- Understand the 5 ks and what they mean to Sikhs.



### Key Vocabulary

**Guru Nanak**—The first Guru and the founder of Sikhism

**Guru**—One who teaches or enlightens

**Gurdwara**—Sikh place of worship

**Guru Granth Sahib**— Sikh Holy book regarded as the living Guru

**Panth**— The spiritual path for the Sikh community to be their best selves

**Nishan Sahib**—The name for the sacred Sikh flag which flies at every Gurdwara

**Langar**— A special meal shared after services in the Gurdwara

**Khanda**— The symbol of the Sikh faith

**God**—there is only one God

**5 Ks**— Sikhs display their commitment to their faith by adhering to the 5 Ks



### Links with other religions

Each religion has a different place of worship where they can feel close to God for Sikhs this place is called the Gurdwara.

Christians, Hindus, Jews, Muslims all have a holy book. The Guru Granth Sahib is the Sikh's holy book it contains Hindu and Muslim poems, teaching Sikhs that there is always something that can be learned from others. Like the Quran, the Sikh holy book is treated in a special way.

### Personal Reflection

Is there anything in your house treated in a very special way?

How could your creative efforts help and encourage other people?

What legacy would you like to leave for the world?

Who inspires you and why?

What helps you to keep your Faith alive?

What experiences have you had that you would call 'turning points'?

